

LAKESIDE REGIONAL MEDICAL CENTER

OBGYN Department



Name _____ Date _____

Patient Counseling Note:

You have just finished seeing Darla Johnson in the OB Clinic. She is a 24-year-old G-2, P-1 at 41 2/7 weeks gestational age, following an uncomplicated pregnancy.

Her first pregnancy was also uncomplicated, and she delivered at 41 6/7 weeks, a healthy male infant, vaginally, following a spontaneous labor. The baby weighed 6 pounds 14 ounces.

During this pregnancy, she had a 7 week ultrasound scan that confirmed her gestational age. All other testing and evaluation during the pregnancy have been normal.

During your visit today, FHTs were 140 BPM, her fundal height was 39 cm, BP was 110/64, urine neg/neg, and extremities 1+ edema with normal reflexes. Her cervix was 3.0 cm dilated, .5 cm thick, soft, anterior, and the fetal head was presenting at -1 station. She denies vaginal bleeding, loss of fluid, contractions, or pain, and the fetus has been active.

During your visit today, you discussed with Darla the status of her pregnancy and made a number of alternative recommendations to her for further management, describing their risks and benefits. She will think about your recommendations and let you know later on today what she has decided.

Document your discussion in a progress note, and email the progress note to ldr@obgyned.com. Be sure to include your name and title at the end of the note.

(For the purpose of this station, assume that the discussion between you and Darla Johnson took place. Write a progress note that would effectively document that discussion.)